



### Verplanck Colvin Trek: Backpacking - Long Lake to Adirondack Loj

**Duration:** 5 days, 4 nights  
**Maximum Crew Size:** 7 campers (State limit is 3 tents)  
**Difficulty:** Moderate. No major climbs  
**Civilization:** Seldom  
**Overview Map:** [http://nptrail.org/uploads/NPTrail\\_Map.PDF](http://nptrail.org/uploads/NPTrail_Map.PDF)

Day	From	To	Distance
1	Long Lake Route 28N	Plumleys Lean-to	8.0 miles
2	Plumleys Lean-to	Seward Lean-to at Miller Falls	7.0 miles
3	Millers Falls Lean-to	Duck Hole	7.0 miles
4	Duck Hole	Scott Clearing Lean-to	9.0 miles
5	Scott Clearing Lean-to	Adirondack Loj	7.5 miles

Total: Approx: 38.5 miles

**Features:**

- Relatively level hike skirting the western flank of the High Peaks
- Indian Pass (Day 4) has been called one of the wildest passes in the east